

A decorative graphic in the top-left corner consisting of a network of black dots connected by thin black lines, forming a complex web-like structure.

2025-26 Wellness Program Eligibility





Annual Wellness Program Eligibility:

Program Changes

Qualify for Annual Wellness
Benefit by completing :

- Annual Physical
- and*
- One component within each
“Dimension of Wellness”

All tracking completed in
Employee Navigator (benefits
enrollment platform)

What are you enrolled in?

Determine what category you fall in below, and then click on the link to learn what you need to do.



If you are enrolled in District Health Insurance, click [here](#) to learn about what you need to do for the Wellness Program to qualify for wellness benefits.



If you receive the Alternative Benefit Plan (ABP - cash in lieu of health insurance), click [here](#) to learn about what you need to do for the Wellness Program to qualify for the full amount of ABP.

If you are enrolled in District Health Insurance, the next 3 slides will provide you details about the Wellness Program and what you need to do to qualify for wellness benefits in 2025-26.



If you are enrolled in the District health insurance: completing all required components of the Wellness Benefit Eligibility will qualify you to receive the additional “Wellness Benefit” HSA.



Single Insurance

For those enrolled in **single insurance**, if you complete all requirements, you will receive an additional **\$750 in HSA** for the 2025-26 plan year

Enrolled in District Health Insurance

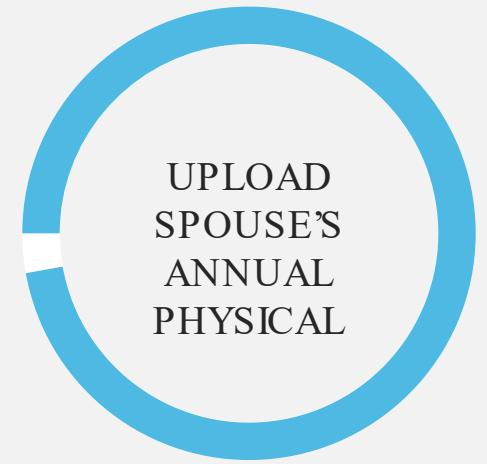
Family Insurance



For those enrolled in **family insurance**, if the employee completes **ALL** requirements and the enrolled spouse completes **ONLY** the physical upload, you will receive an additional **\$1,500 in HSA** for the 2025-26 plan year. If no spouse is enrolled in family health insurance, the maximum qualifying Wellness Benefit amount will be **\$750**.

Health Insurance Wellness Benefits

WHAT DO I NEED TO COMPLETE TO QUALIFY FOR WELLNESS HSA BENEFITS IN 2025-26 PLAN YEAR?



Submit proof of routine, age appropriate, annual physical that was conducted between **April 1, 2024 and May 1, 2025.**

If the date of your last physical is outside the dates listed, please contact Human Resources for discretionary approval.

Complete one item in each dimension area (5 total).

Upload your completed forms (physical and wellness components) to your Wellness Portal on **EMPLOYEE NAVIGATOR** by **May 1, 2025.**

The period for completing the program to qualify for Wellness Benefits in the 2025-26 school year will be **October 1, 2024 through May 1, 2025 .**

FOR EMPLOYEES ENROLLED IN FAMILY HEALTH INSURANCE:

If your spouse is enrolled in the plan, they are only required to complete the proof of annual physical form. Please upload this form to your **EMPLOYEE NAVIGATOR** account, under the "Spouse Annual Physical" section.

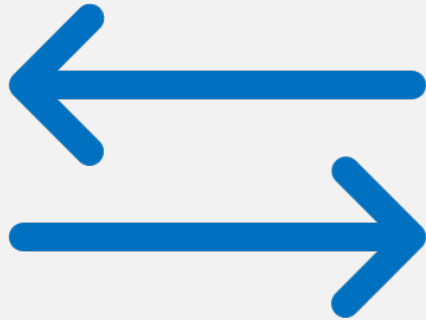
If you are enrolled in the Alternative Benefit Plan (ABP), the next 3 slides will provide you details about the Wellness Program and what you need to do to qualify for wellness benefits in 2025-26.



Receiving Alternative Benefit Plan:

If you receive the cash in lieu of health insurance (Alternative Benefit Plan/ABP), completing all required components of the Wellness Benefit Eligibility will qualify you to receive the “Maximum Level” ABP amount.

If you do not complete all requirements for the Wellness Benefit, you will only receive the “Base Level” amount of ABP.



	ABP Annual Amount for Employees Participating prior to 7/1/2012	ABP Annual Amount for Employees Starting Participation on or after 7/1/2012
<u>Base Level</u>	\$3,600.00	\$2,100.00
<u>Maximum Level*</u>	\$7,200.00	\$4,200.00

ABP Wellness Benefits

WHAT DO I NEED TO COMPLETE TO QUALIFY FOR MAXIMUM ABP IN 2025-26 PLAN YEAR?



SUBMIT
ANNUAL
PHYSICAL



COMPLETE
WELLNESS
PROGRAM
CHECKLIST



UPLOAD
REQUIREMENTS



COMPLETE
BETWEEN
10.1.24 –
5.1.25

Submit proof of routine, age appropriate, annual physical that was conducted between **April 1, 2024 and May 1, 2025.**

If the date of your last physical is outside the dates listed, please contact Human Resources for discretionary approval.

Complete one item in each dimension area (5 total).

All requirements of each component must be uploaded to your Wellness Portal on **EMPLOYEE NAVIGATOR.**

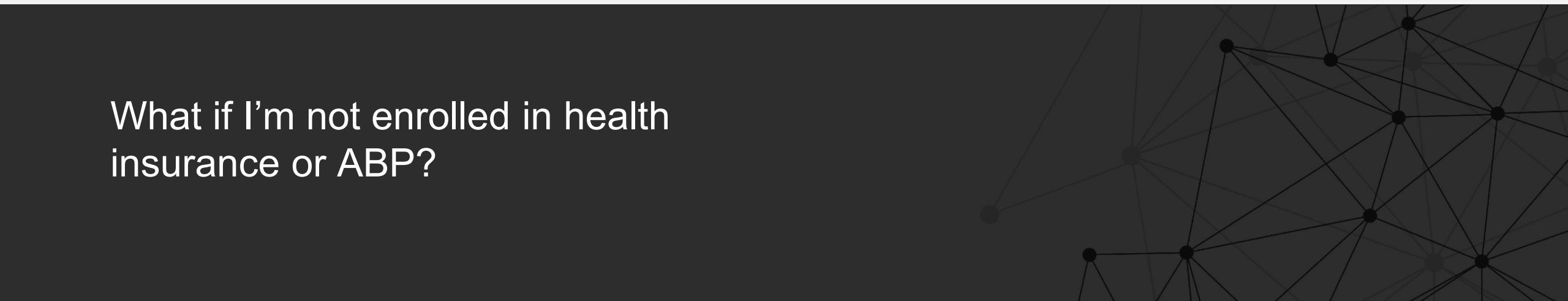
The period for completing the program to qualify for Wellness Benefits in the 2023-24 school year will be **October 1, 2024 through May 1, 2025.**

There are some additional date requirements attached to specific components. If different, they will be listed in the component details.

Q: What if I don't have District Health Insurance or Alternative Benefit Plan? Do I have to complete the wellness program?

A: No, you do not need to complete any portion of the Wellness Program if you are not enrolled in health insurance or the ABP.

What if I'm not enrolled in health insurance or ABP?





Questions?
Call Human Resources
Ext. 1327 or 1319

THANK YOU